

Content Outline

Prescription Drug Safety: Know the truth™



THE BASICS

DESCRIPTION	Students become familiar with the basics of prescription drug misuse.
TOPICS	• Different types of prescription drugs • How prescription drugs can affect the body • Harmful side effects of prescription drugs
LEARNING OBJECTIVES	• Identify the common "street" and brand names of the 3 major prescription drug categories. • Describe the positive effects on those with valid needs and prescription. • Illustrate the potential negative effects on the brain and body if the drug is misused. • Explain the possible legal consequences of misusing prescription drugs.

SCIENCE OF ADDICTION

DESCRIPTION	Students explore how addiction, or substance use disorder, can affect the brain and body—knowledge that can ultimately help prevent the development of a substance use disorder.
TOPICS	• Principles of addiction • Personal recovery stories
LEARNING OBJECTIVES	• Explain that addiction is a clinical diagnosis that anyone can develop. • Describe how drugs impact the brain and can lead to addiction problems. • Define terms such as "withdrawal" and "tolerance" and their relationship to addiction. • Describe how people can manage their addiction and sustain their recovery in a supportive environment.

UNDERSTANDING PRESCRIPTIONS

DESCRIPTION	Through a case study, students become familiar with properly reading a prescription label and disposing of unused drugs.
TOPICS	• How to read prescription labels • Proper storage • Proper disposal

LEARNING OBJECTIVES	• Explain the importance of following prescription instructions precisely. • Describe the factors that doctors consider when writing a prescription for an individual. • Read and understand prescription labels, including caution or risk statements. • Store and dispose of unused drugs safely and appropriately.
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SAFE USE

DESCRIPTION	Students engage in interactive scenarios where they guide characters to make safe choices regarding prescription drug use.
TOPICS	• Prescription drugs and alcohol • Risks of self-medication • Benefits of communicating concerns about prescriptions
LEARNING OBJECTIVES	• Summarize why mixing prescriptions with alcohol is dangerous. • Explain why using drugs for something other than the medication was prescribed for is unsafe. • Illustrate the importance of sharing questions or concerns about prescription drugs with healthcare professionals. • Make safe and informed choices in situations that involve prescription drug use.

REFUSAL SKILLS

DESCRIPTION	Students learn about the risks of the recreational use of prescription drugs and strategies for effectively refusing to misuse them through interactive scenarios.
TOPICS	• Risks of non-clinical/recreational use of prescription drugs • How to respond to peer pressure
LEARNING OBJECTIVES	• Articulate that most students do not misuse prescription drugs and would support a friend's decision not to misuse drugs. • Describe the potential side effects of taking prescription drugs outside of a prescription. • Resist peer pressure and other influences to take prescription drugs outside a medical professional's advice.

ADDICTION, TREATMENT, AND RECOVERY

DESCRIPTION	Students learn that treatment works and recovery is possible from a real-life story and check in with themselves about their own prescription drug use.
TOPICS	• Personal story about addiction, treatment, and recovery • What treatment and recovery look like • Self check-in
LEARNING OBJECTIVES	• Illustrate how treatment and medications can help people in recovery. • Describe warning signs about one's own prescription drug use • Seek assistance if experiencing a problem with prescription drugs.

SUPPORTING OTHERS

DESCRIPTION	Students become familiar with how to support others in situations involving prescription drug misuse and overdose.
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TOPICS	• Warning signs • Self check-in regarding offering support • 4 steps to respond to an overdose
LEARNING OBJECTIVES	• Identify signs of prescription drug misuse, addiction, and overdose. • Resist barriers to action when witnessing a situation involving drug misuse. • Illustrate how to support others and call for help in a potential overdose situation.

FENTANYL—FAST AND FATAL

DESCRIPTION	Students learn about the facts, risks, and dangers of illegally made fentanyl and counterfeit pills that contain fentanyl.
TOPICS	• Fentanyl facts • Counterfeit pills • Responding to a fentanyl overdose
LEARNING OBJECTIVES	• Summarize basic facts about fentanyl, including its types and effects. • Illustrate overdose and poisoning risks of counterfeit pills containing illegally made fentanyl. • Identify healthy strategies to stay safe and support others in the fentanyl crisis.