

Lesson Plan

Healthcare Literacy: Navigating Medical Care™

Seeking Care

🕒 45 minutes

Prerequisite: Healthcare Literacy: Seeking Care



INSTRUCTIONS

Each digital lesson is supplemented with a follow-up synchronous lesson plan to extend and reinforce learning. Activities and questions are structured in a way that supports both in-person and virtual classroom settings.

OBJECTIVES

Students will be able to...

- Determine the appropriate medical professional to see based on healthcare needs and insurance parameters.
- Demonstrate how to ask for and offer assistance to enhance the health of self and others.
- Identify a course of treatment that best meets health and financial needs.

MATERIALS

- Pencils/Markers
- Notebook or Poster Paper
- Computers, Laptops or Tablets
- Graphic Organizers
 - Urgent Care Locations
 - Locate a Doctor
 - Privacy Laws

LESSON OVERVIEW

This lesson is an opportunity for students to apply what they have learned in *Healthcare Literacy: Seeking Care* to their own lives. There are four research activities that challenge students to locate local urgent care facilities, plan to transition out of a pediatrician's care, find the best app that locates doctors and research the privacy laws for minors in their state. You can assign all four options or choose the options that best fit your class' needs and backgrounds.

SECTION	DESCRIPTION	FORMAT	DURATION
Opening	Discuss the learning from <i>Healthcare Literacy: Seeking Care</i>: - What were some topics or actions that Lena took that were new for you? - Have you had similar or different experiences than Lena when seeking medical care?	Virtual: Answer individually in chat or hold up a written piece of paper. In-Person: Discuss with a partner. Share out with the class.	3 mins
New Learning	Prompt: How would Lena's story happen in our community? - Do you know where urgent care facilities are? - Do you know how to find a doctor here that would meet your needs? - Do you know what the privacy laws for teenagers are in our state? We will spend time answering these questions by conducting research on the following topics: - Locating Urgent Care facilities and understanding appropriate times to use them - Practicing finding a PCP online - Researching the privacy laws of our state for minors <i>Allow students to work in groups or individually. You may want to assign each topic so the whole class covers them all, or allow students to choose the topics that they want to (or need to) learn more about.</i>	Direct Instruction explanation	5 mins

SECTION	DESCRIPTION	FORMAT	DURATION
Activity	Students should research the assigned (or chosen) topic using a corresponding graphic organizer and the internet. Distribute the following graphic organizers • Urgent Care Locations • Locate a Doctor • Privacy Laws	Virtual: Research in virtual breakout groups, partners or individually. Create in virtual breakout groups, partners or individually. Discuss findings as a virtual class. In-Person: Research in small groups, partners, or individually. Create in small groups, partners or individually. Discuss findings as a class.	25 mins
Discussion	Discuss the research that students complete: • How would you rate the difficulty of finding the type of medical you need in our community? • How will this research impact your approach to seeking care in the future?	Virtual: Answer individually on a separate sheet of paper or in virtual breakout groups. In-Person: Discuss with a partner. Share out with the class.	7 mins
Closing	“Great work everyone! Today you investigated further how to apply what you have learned about finding a doctor or appropriate medical care for yourself. Please share this information with your family in order to take steps towards getting appropriate medical care for yourself now and into the future.”	Formalize learning with the whole group.	1 min
Evaluation	At the end of the lesson, have students answer this question as an exit ticket: • After conducting your research, what actions will you take outside of class to use this information in your life?	Assess individually.	4 mins