

Lesson Plan

Healthcare Literacy: Navigating Medical Care™

Healthcare Coverage

🕒 45 minutes

Prerequisite: Healthcare Literacy: Healthcare Coverage



INSTRUCTIONS

Each digital lesson is supplemented with a follow-up synchronous lesson plan to extend and reinforce learning. Activities and questions are structured in a way that supports both in-person and virtual classroom settings.

OBJECTIVES

Students will be able to...

- Understand the importance of health insurance.
- Identify sources of health insurance
- Analyze how health insurance can impact healthcare options.

MATERIALS

In-Person Lesson

- Pencils/Markers
- Poster/Paper
- Computers, Laptops, or Tablets
- Health Insurance Analysis Handout
- Evaluation Form
- Character Profile Cards

Virtual Lesson

- Pencils/Markers
- Notebook paper
- Computers, Laptops, or Tablets
- Health Insurance Analysis Handout
- Evaluation Form
- Character Profile Cards

LESSON OVERVIEW

This lesson allows learners to identify healthcare insurance options in their own communities and to understand eligibility requirements and coverage options.

SECTION	DESCRIPTION	FORMAT	DURATION
Opening	Discuss the learning from <i>Healthcare Literacy: Healthcare Coverage</i>: What is your reaction to seeing what Tomie and her mom had to go through to choose a health insurance plan? Allow learners to speak about whether it was realistic, the complexity of choices, and how they were choosing an insurance plan that met their needs.	Virtual: Answer individually in chat or hold up a written piece of paper. In-Person: Discuss with a partner. Share out with the class.	4 mins
New Learning	Explain to students that they will research the specific costs and coverage related to various health insurance plans to share with the class. - Split class into groups of 2 or 3. - Assign each group either a specific insurance company in your area to research or have them go to your State's healthcare marketplace: <u>Healthcare Marketplaces</u> - Hand out two Character Profile Cards for each group. Instruct them to go through the process of trying to get an insurance quote for each character using the insurance site they have been assigned. - You may want to model going through one character together on a site that you can show to the class before having them conduct their own research. - Have students complete a copy of their Health Insurance Analysis Handout for each character. Extension: Have students research if their characters are eligible for Medicaid or CHIP. <u>Medicaid</u> <u>CHIP</u>	Virtual: Assign and complete as individuals or in virtual breakout groups. In-Person: Read in small groups, partners, or individually. Discuss as a class.	8 mins

SECTION	DESCRIPTION	FORMAT	DURATION
Activity	Have students complete and share their <i>Health Insurance Analysis</i> Handout as a poster around the room and students then can look at it and compare how the same character profile does with different health insurance plans. Have students complete the <i>Evaluation Form</i> to determine which insurance option may be best for each character.	Virtual / In-Person: Consider having all students add information to a single shared document of multiple pages. Students could then review each other's work simultaneously.	20 mins
Discussion	Discuss the posters and the conclusions that students have made on their <i>Evaluation Forms</i>: - What may be some of the best health insurance options for character A? - What may be some of the best health insurance options for character B? - What did you learn or were confused/surprised about trying to get a quote for insurance?	Virtual: Answer individually on a separate sheet of paper or in virtual breakout groups. In-Person: Discuss with a partner. Share out with the class.	8 mins
Closing	"Great work everyone! Today we researched actual health insurance plans to learn more about how to find one that best fits a character's needs. By the end of today's class, you should know where to look to find health insurance plans and how to evaluate them for your own needs."	Formalize learning with the whole group.	1 min
Evaluation	At the end of the lesson, have students answer this question as an exit ticket: If your parents asked for help in choosing a health insurance plan for your family, what advice would you give them?	Assess individually.	4 mins